

UST Uniform Policy

UST students are representatives of the school in the community. Their appearance and behavior should reflect that. All students at The United School of Tokyo must wear the prescribed school uniform when attending school or when participating in school-organized events outside of school premises.

Objectives of Uniform Policy

- to promote a sense of pride in the school
- to promote a sense of unity and community
- to foster pride in personal appearance
- to make students feel equal to their peers in terms of appearance
- to prevent students from creating a distraction in class by coming to school in fashion clothes • to follow health and safety guidelines

The following guidelines are to be adhered to by all UST students at all times:

1. All elementary and middle school students (Grade 1- Grade 8) are required to wear regular school uniform and P.E. uniform.
2. K1-K3 classes have no school uniform, however, they are required to wear P.E. uniform on P.E. days.
3. Parents are responsible for purchasing a sufficient number of uniform items to last a child through a full week of school and replacing ripped/washed out/permanently stained uniform items as necessary.
4. Parents are advised to purchase P.E. T-shirts every year to avoid faded looks. P.E. shirts can be purchased at the school office.

What constitutes a violation of the UST Uniform Policy

- Not wearing the correct uniform on regular school days, P.E. days or field trip days.
- Wearing P.E. uniform during regular school days (unless the student has an athletic ECA club at the end of the day)
- Coming to school in dirty, faded or torn uniform.
- Wearing any items of clothing other than those approved by the school (overcoats excluded).
- Wearing leggings underneath regular school uniform.
- Wearing jewelry or make-up.
- Wearing improper outdoor footwear.
- Not wearing indoor shoes.
- Not following the hair guidelines

Regular school uniform could be currently purchased on American [LANDSEND](#) or from a local supplier called [Top of the Class](#). Please consult [UST Uniform Guide](#) for more details.

Regular Uniform

- All students must have the following items:
 - at least one navy and one red short-sleeve polos with school logo
 - a navy cardigan or fleece with school logo for the cold months
- Girls must wear a skirt and knee-high socks; they may wear navy or black tights or navy school trousers in the winter.
- Boys must be wearing navy school Chino shorts or Chino trousers (or similar fabric). No other styles or colors are allowed.
- Wearing long-sleeve T-shirts underneath the school's short-sleeve polos is not allowed. Please wear either the school's long-sleeve shirt or a school jacket with logo.

P.E. Uniform

- Green or orange school T-shirts; plain navy athletic shorts; navy track or jogging pants; athletic jacket or school fleece.
- On cold days, the students are allowed to wear black or navy heat-tech long-sleeve Ts underneath the P.E. T-shirts.
- All students must wear athletic shoes on P.E. days.
- P.E. uniforms are to be worn on P.E. days ONLY for the exception of students who have athletic ECAs.

Field trip uniform

- For field trips, students must wear their P.E. uniform with the ORANGE school T-shirt.

Swimming gear

- swimming costume (one-piece for girls), swimming cap
- swimming goggles
- armbands (for children in G1 and G2 who cannot swim by themselves)
- towel (poncho or wrap-around towel)
- swimming bag

Footwear

With health and safety in mind, UST enforces the following footwear rules to be adhered to at all times:

- The indoor and outdoor shoes must be athletic shoes suitable for PE classes at the gym and outside.
- UST does not allow students to wear platforms, high heel shoes, open toe shoes, flip-flops, sandals, Crocs, Heelies or any other type of shoes that may cause injury.
- Children who do not know how to tie their shoe laces quickly should be wearing velcro shoes.

Students' hair

- All students must arrive at school with their hair brushed and well-managed.
- All students (boys and girls) with long hair must wear pins, hairbands, or pull their hair back during class to make sure hair does not get in the way.
- On PE days, all students with long hair (boys and girls) must have their hair tied or/and wear a school cap to help keep their hair back during PE lessons.

Jewelry and Makeup

- To prevent injuries, avoid distraction in class or loss of valuable items, UST students are not allowed to wear jewelry in school. The exceptions are earring studs in pierced ears. However, students should not wear studs to school on the days of swimming classes.
- UST does not allow students to wear makeup to school, which includes nail varnish.

Uniform Checks

- UST staff supports the Uniform Policy through frequent uniform checks. The parents of children wearing scruffy, worn, ripped uniform or non-uniform items will be notified and requested to conform with the UST Uniform Policy standards.
- After three consecutive uniform violations, the parents will be called into school and asked to take their children home to change.
- If students arrive at school not wearing the correct field trip uniform, they will not be allowed to attend the trip, and the parents will be asked to come and collect them.