



UST Uniform Policy

UST students are representatives of the school in the community. Their appearance and behavior should reflect that. All students at The United School of Tokyo must wear the prescribed school uniform when attending school or when participating in school-organized events outside of school premises.

Objectives of Uniform Policy

- to promote a sense of pride in the school
- to promote a sense of unity and community
- to foster pride in personal appearance
- to make students feel equal to their peers in terms of appearance
- to prevent students from creating a distraction in class by coming to school in fashionable clothes
- to follow health and safety guidelines

The following guidelines are to be adhered to by all UST students at all times:

1. All elementary school students (G1-G8) are required to wear regular school uniforms and P.E. uniforms.
2. K1-K3 classes have no school uniform, however, they are required to wear P.E. uniform on P.E. days.
3. Parents are responsible for purchasing sufficient uniform items to last a child through a whole week of school and replacing ripped/washed out/permanently stained uniform items as necessary.
4. Parents are advised to purchase P.E. T-shirts every year to avoid faded looks. P.E. shirts can be purchased at the school office.

Regular Uniform

- Navy and red short-sleeve polos with the school logo
- A navy jacket or fleece with the school logo for the cold months
- Boys must be wearing navy school chino shorts or navy chino trousers (or similar fabric). No other styles or colors are allowed.
- Girls must wear the school skort or navy shorts and knee-high socks in warm months and the school skort with navy or black tights or navy school trousers in the winter. Wearing leggings is not allowed.
- Wearing long-sleeve T-shirts underneath the school's short-sleeve polos is not allowed. Please wear either the school's long-sleeve shirt or a school jacket with a logo.
- Polo shirts with other logos, trademarks, or patterns are not allowed.
- Students must wear only school-approved jackets at school (navy UST logo fleece; navy knitted UST logo cardigans or plain navy sweatshirt with a zipper; school hoodies for the MS students). Jackets of different colors, with other logos, with stripes or patterns etc. are not allowed.

P.E. Uniform

- K1-G5 students: green and orange school T-shirt (purchased at the school office); navy sweat pants and navy zipper jacket.
- G6-G8 students: house T-shirts and grey P.E. T-shirts purchased at the school office); navy sweat pants, navy zipper jacket or school hoody.
- On cold days, the students are allowed to wear black or navy heat-tech long-sleeve Ts underneath the P.E. T-shirts.
- All students must wear athletic shoes on P.E. days.
- P.E. uniforms are to be worn on P.E. days ONLY. Students who have an athletic club after school, need to bring a change of clothes to school.

What constitutes a violation of the UST Uniform Policy

- Not wearing the correct uniform on regular school days, P.E. days or field trip days.
- Wearing polo shirts with other logos, trademarks, or patterns are not allowed.
- Wearing cardigans or jackets that are not school jackets (overcoats excluded).
- Wearing P.E. uniform items during regular school days.
- Coming to school in dirty, faded or torn uniform.
- Wearing colorful undershirts (other than black) under P.E. T-shirts.
- Wearing long-sleeve T-shirts or leggings underneath regular school uniform.
- Wearing jewelry or make-up.
- Wearing improper outdoor footwear.
- Not wearing indoor shoes.
- Wearing outdoor clothing items indoors (jackets, hats, gloves, hoods, scarves etc.)

Please consult [UST Uniform Guide](#) for more details about the uniform items and suppliers.

Field trip uniform

P.E. uniform with ORANGE school T-shirt.

Swimming gear

- swimming costume (one-piece for girls)
- swimming cap and goggles
- armbands (for children in G1 and G2 who cannot swim by themselves)
- towel (ideally, a buttoned-down towel or poncho towel for easy changing)
- swimming bag

Footwear

With health and safety in mind, UST enforces the following footwear rules to be adhered at all times:

- All students are required to wear indoor shoes at school.
- Both outdoor and indoor shoes must be athletic shoes that can be worn for indoor and outdoor P.E. classes.
- UST does not allow students to wear platforms, high heel shoes, flip-flops, strap sandals, Crocs, Heelies, or any other type of shoes that may cause injury.

Students' hair

- All students must arrive at school with their hair brushed and well-managed.
- All students (boys and girls) with long hair must wear pins, and hair bands, or pull their hair back during class to make sure hair does not get in the way.
- On PE days, all students with long hair (boys and girls) must have their hair tied back or/and wear a school cap to help keep their hair back during P.E. lessons.

Jewelry and Makeup

- To prevent injuries, avoid distraction in class or loss of valuable items, UST students are not allowed to wear jewelry in school. The exceptions are earring studs in pierced ears. However, students should not wear studs to school on the days of swimming classes.
- UST does not allow students to wear make-up to school, which includes nail varnish.

Uniform Checks

- UST staff supports the Uniform Policy through frequent uniform checks. The parents of children wearing scruffy, worn, ripped uniforms or non-uniform items will be notified and required to conform with the UST Uniform Policy standards.
- After three consecutive uniform violations, the parents will be called into school and asked to take their children home to change.
- If students arrive at school not wearing the correct field trip uniform, they will not be allowed to attend the trip, and the parents will be asked to come and collect them.