



## UST Uniform Policy

UST students are representatives of the school in the community. Their appearance and behavior should reflect that. All students at The United School of Tokyo must wear the prescribed school uniform when attending school or when participating in school-organized events outside of school premises.

### Objectives of Uniform Policy

- to promote a sense of pride in the school
- to promote a sense of unity and community
- to foster pride in personal appearance
- to make students feel equal to their peers in terms of appearance
- to prevent students from creating a distraction in class by coming to school in fashionable clothes
- to follow health and safety guidelines

The following guidelines are to be adhered to by all UST students at all times:

1. All elementary school students (G1-G8) are required to wear regular school uniforms and P.E. uniforms.
2. K1-K3 classes have no school uniform, however, they are required to wear P.E. uniform on P.E. days.
3. Parents are responsible for purchasing sufficient uniform items to last a child through a whole week of school and replacing ripped/washed out/permanently stained uniform items as necessary.
4. Parents are advised to purchase P.E. T-shirts every year to avoid faded looks. P.E. shirts can be purchased at the school office.

### What constitutes a violation of the UST Uniform Policy

- Not wearing the correct uniform on regular school days, P.E. days or field trip days.
- Wearing P.E. uniform items during regular school days.
- Coming to school in dirty, faded or torn uniform.
- Wearing cardigans or jackets that are not school jackets (overcoats excluded).
- Wearing colorful undershirts (other than black) under P.E. T-shirts.
- Wearing long-sleeve T-shirts or leggings underneath regular school uniform.
- Wearing jewelry or make-up.
- Wearing improper outdoor footwear.
- Not wearing indoor shoes.
- Wearing outdoor clothing items indoors (jackets, hats, gloves, hoods, scarves etc.)

For most of our regular uniform, we use an American uniform supplier called Landsend. P.E. uniforms could be purchased locally through Uniqlo or NEXT. Please consult [UST Uniform Guide](#) on the UST website for more details.

### Regular Uniform

1. Girls must be wearing: skort or dress, short or long-sleeve red or navy shirt with school logo and navy cardigan or fleece with school logo during the cold months.
2. Girls may wear navy shorts in summer and navy trousers in winter as alternatives to skorts.
3. Girls also should be wearing navy long socks or navy or black tights.
4. Wearing leggings is not allowed.
5. Boys must be wearing navy school shorts or trousers (no other styles or colors are allowed). Short or long-sleeve red or navy shirts with school logo and navy cardigan or fleece with school logo when necessary.
6. Wearing long-sleeve T-shirts underneath the school's short-sleeve shirts is not allowed. Please wear the school's long-sleeve logo shirt or a cardigan.

## **P.E. Uniform**

- Green or orange school T-shirt (purchased at the school office); navy sweat pants and navy zipper jacket.
- On cold days, the students are allowed to wear black or navy heat-tech long-sleeve Ts underneath the P.E. T-shirts.
- All students must wear athletic shoes on P.E. days.
- P.E. uniforms are to be worn on P.E. days ONLY. Students who have an athletic club after school, need to bring a change of clothes to school.

## **Field trip uniform**

P.E. uniform with ORANGE school T-shirt

Swimming gear

- swimming costume (one-piece for girls), swimming cap
- swimming goggles
- armbands (for children in G1 and G2 who cannot swim by themselves)
- towel
- swimming bag

## **Footwear**

With health and safety in mind, UST enforces the following footwear rules to adhere at all times:

- The outdoor shoes must be comfortable shoes that cover the whole foot to avoid injuries in the park.
- UST does not allow students to wear platforms, high heel shoes, flip-flops, strappy sandals, Crocs, Heelies or any other type of shoes that may cause injury.
- All children must wear athletic shoes on the days they have P.E. classes or other sports activities.
- All students must wear in-door shoes that cover the whole foot and have clean soles to avoid leaving marks on the floor.

## **Students' hair**

- All students must arrive at school with their hair brushed and well-managed.
- All students (boys and girls) with long hair must wear pins, and hair bands, or pull their hair back during class to make sure hair does not get in the way.
- On PE days, all students with long hair (boys and girls) must have their hair tied back or/and wear a school cap to help keep their hair back during P.E. lessons.

## **Jewelry and Makeup**

- To prevent injuries, avoid distraction in class or loss of valuable items, UST students are not allowed to wear jewelry in school. The exceptions are earring studs in pierced ears. However, students should not wear studs to school on the days of swimming classes.
- UST does not allow students to wear make-up to school, which includes nail varnish.

## **Uniform Checks**

- UST staff supports the Uniform Policy through frequent uniform checks. The parents of children wearing scruffy, worn, ripped uniforms or non-uniform items will be notified and required to conform with the UST Uniform Policy standards.
- After three consecutive uniform violations, the parents will be called into school and asked to take their children home to change.
- If students arrive at school not wearing the correct field trip uniform, they will not be allowed to attend the trip, and the parents will be asked to come and collect them.